

Iron Man Wrist warmers / Fingerless Mitts

I had a lot of burgundy and yellow yarn left after knitting a couple of Weasley sweaters, so thought I'd use it up in these equally geeky iron-man wrist warmers. Perfect for any season, they look normal from the back but from the front are quite clearly aids to direction when flying. Any comments, please feel free to get in touch! I think these would fit a guy as they're a little big for my hands; it should be easy enough to customise the pattern as you want it but I might knit myself a pair in which case I'll post up the necessary modifications to make them a little smaller 😊

What you need

5x 3.5mm DPNs

4x 4.5mm DPNs

4x 5.0mm DPNs

Red/burgundy yarn (Aran Weight)

Small amount of yellow, white, and blue yarn



For the Medallions (make 2)

CO 8 and arrange on 4 3.5mm needles

1. Purl
2. [Kfb], repeat to end
3. Purl
4. [k1, kfb], repeat to end
5. Purl
6. [k2,kfb], repeat to end
7. Purl
8. [k3, kfb] repeat to end
9. Change colour to blue; Purl
10. Bind off loosely using a 5.0mm needle

Sew up.

For the Mitts (again make 2...)

CO 38 [32] st (knitting on) on 3 4.5mm needles in yellow

1. P1, [kfb, p1], kfb
2. With red wool, k1, [ssk, k1], k2tog
3. P1, [kfb, p1], kfb
4. P1, [ssk, p1], k2tog

Repeat rows 3 and 4 until just shy of 3 inches then change to 5.0mm needles

5. [K1, yf, sl 1]
6. Knit.
7. [yf, sl 1, k1]
8. Knit.

Repeat rows 5-8 three [two and a half] times (about 1.5 [1] inches)

Work back and forth in rows.

[For small: 15: [yf, sl 1, k1]

16: knit]

17. [K1, yf, sl 1]
18. Purl.
19. [yf, sl 1, k1]
20. Purl.

Repeat rows 17-20 for next 3" [2.75"] thereby creating an opening for the thumb

Work the first row of the following then join up and work in the round again:

1. [K1, yf, sl 1]
2. Knit.
3. [yf, sl 1, k1]
4. Knit.
5. [K1, yf, sl 1]
6. Knit.

Change to 3.5mm needles

1. P1, *[kfb, p1] 6 [5] times, kfb, p2tog* repeat once, kfb
2. P1, [ssk, p1], k2tog

Repeat 6 and 7 three times in total or as much as you'd like

Bind off using 5.0mm needle, or however you normally get things stretchy.